

Sleeping with Bread: Holding What Gives You Life

John 6:25-35

When they found him on the other side of the lake, they asked him, "Rabbi, when did you get here?"

Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill.

Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."

Then they asked him, "What must we do to do the works God requires?"

Jesus answered,
"The work of God is this:
to believe in the one he has sent."

So they asked him, "What sign then will you give that we may see it and believe you? What will you do?

Our ancestors ate the manna in the wilderness; as it is written: 'He gave them bread from heaven to eat."

Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven.

For the bread of God is the bread that comes down from heaven and gives life to the world."

"Sir," they said,
"always give us this bread."

Then Jesus declared, "I am the bread of life." Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

Your ancestors ate the manna in the wilderness, yet they died.

But here is the bread that comes down from heaven, which anyone may eat and not die.

I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

"I am the bread of life."

"I am the bread of life." Deity | Exclusivity | Intimacy

JESUS is The Bread of Life

He satisfies us completely.
He secures us eternally.
He invites us personally.

He satisfies us completely.

Then Jesus declared,

"I am the bread of life." Whoever comes
to me will never go hungry."



True Nourishment vs.

Empty Calories



"Our hearts are restless until they find their rest in You."

St. Augustine

He secures us eternally.

Then Jesus declared,
"I am the bread of life." Whoever
comes to me will never go hungry."

He secures us eternally.

"Your ancestors ate the manna in the wilderness, yet they died. "I am the living bread that came down from heaven.

Whoever eats this bread will live forever."

John 6:49, 51



He invites us personally.

"Whoever comes to me will never go hungry."; "Here is the bread of life... which anyone may eat."

John 6:35, 50

They asked him, "What must we do to do the works God requires?" Jesus answered, "The work of God is this: to believe in the One he has sent."

"Bread of Life? Jesus lived up to the title. But an unopened loaf does a person no good."

Max Lucado



