

Songs in the Night



**Lament is a
prayer of pain
that leads
to trust.**



**When we walk through the valleys
of life....**

1. We keep talking to God;

we don't quit;

2. We lay out our complaints;

**When we walk through the valleys
of life...**

3. We boldly ask for what we need;

**4. We make the choice to trust----
every day**

Psalm 13

For the director of music.

A psalm of David.

**1 How long, Lord? Will you forget
me forever?**

**How long will you hide your face
from me?**

2 How long must I wrestle with my thoughts and day after day have sorrow in my heart?

How long will my enemy triumph over me?

**3 Look on me and answer, Lord my
God. Give light to my eyes, or I will
sleep in death,**

4 and my enemy will say, “I have overcome him,” and my foes will rejoice when I fall.

**5 But I trust in your unfailing love;
my heart rejoices in your salvation.**

**6 I will sing the Lord's praise,
for he has been good to me.**

Psalms 13

Perfect Lament Structure

The Complaint (#1) –

Why am I Waiting?

**1 How long, Lord? Will you forget
me forever?**

**How long will you hide your face
from me?**

Complaint (#2) -- Why so hard?

2 How long must I wrestle with my thoughts and day after day have sorrow in my heart?

How long will my enemy triumph over me?

The Bold Request

3 Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death,

**5 But I TRUST in your unfailing
love;**

**my heart rejoices in your
salvation.**

**6 I will SING the Lord's Praise
For He has been good to me.**

****Circumstances have not
changed....**

****What Changed????**

5 But, I trust in your unfailing
love;

**Pivot -- Deliberate Choice to Trust
God**

(Expected SRC Answer)

Attention: Skeptics

Don't Trust God???

Where Do You Go With Suffering?

Where Do You Go With Suffering?

Anger / Negative / Cynical?

Stay Busy? Karma Campaign?

Medicate? Sad Living, Sad Ending

Plan My Exit?

Where Do You Go With Suffering?

Psalm 73 – Why are the wicked prospering?

“Surely in vain I have kept my heart pure.”

Lament invites us---in our trouble

Be real and honest

Put trust in God.

**Give me a solid date and time when
the pain will be gone?**

**When pain is gone --THEN-- I will
believe.**

Choice:

**Interpret your confidence in God
by your present circumstances**

**Or Interpret present circumstances
by what you know about God**

KC Chiefs

Trailed by 20+

in 2 games

Trailed by 10+

in Super Bowl



Choice:

**Interpret your confidence in God
by your present circumstances**

**Or Interpret present circumstances
by what you know about God**

When Pain/Loss Comes...

What am I supposed to do ?

Who knows your pain and sorrow

No answers or understanding

Going somewhere? Go → God

Choose to Trust

Seek God -- Who Knows Best?

Shift focus from self → God

Draw near to God.....

.....God will draw near to you

Choose to Trust

**Rehearse Bible Truth – Anchor
Your Heart.**

**What you know to be true -- will
hold you when storms of loss and
grief devastate you.**

Choose to Trust

Argue Back to “Hopeless” Voice

Look for the help God sends

God With Us / Enough for each day

Choose to Trust

Pray Without Ceasing

Don't stop speaking to God

Live Looking Forward

**The Day of Resurrection and
Restoration Is Coming!**

**No Songs of Sorrow in the New
Heaven and New Earth!**

Revelation 21:4

**Lament is the language of waiting
for God's justice to be
accomplished---for God's purposes
to unfold and for justice to be
done.**

God will resolve the injustices and the evil of the world. We lament now as our desire for justice that is presently unfulfilled.....

....But that great day is coming!

**How Long,
Lord?
How Long?**

*if GOD is GOD,
follow Him.*

Video of MLK “How Long”



Mine eyes have seen the glory
of the coming of the Lord -.

Julia Ward Howe

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