

Psalm 139 (Pg. 621)

O Lord, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you know it completely, O Lord.

You hem me in — behind and before; you have laid your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain.

You hem me in — behind and before; you have laid your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain.



You can only love and be loved to the extent that you know and are known by somebody.

- John Ortberg

Where can I go from your Spirit? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast.

Where can I flee from your presence?

If I say, "Surely the darkness will hide me even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

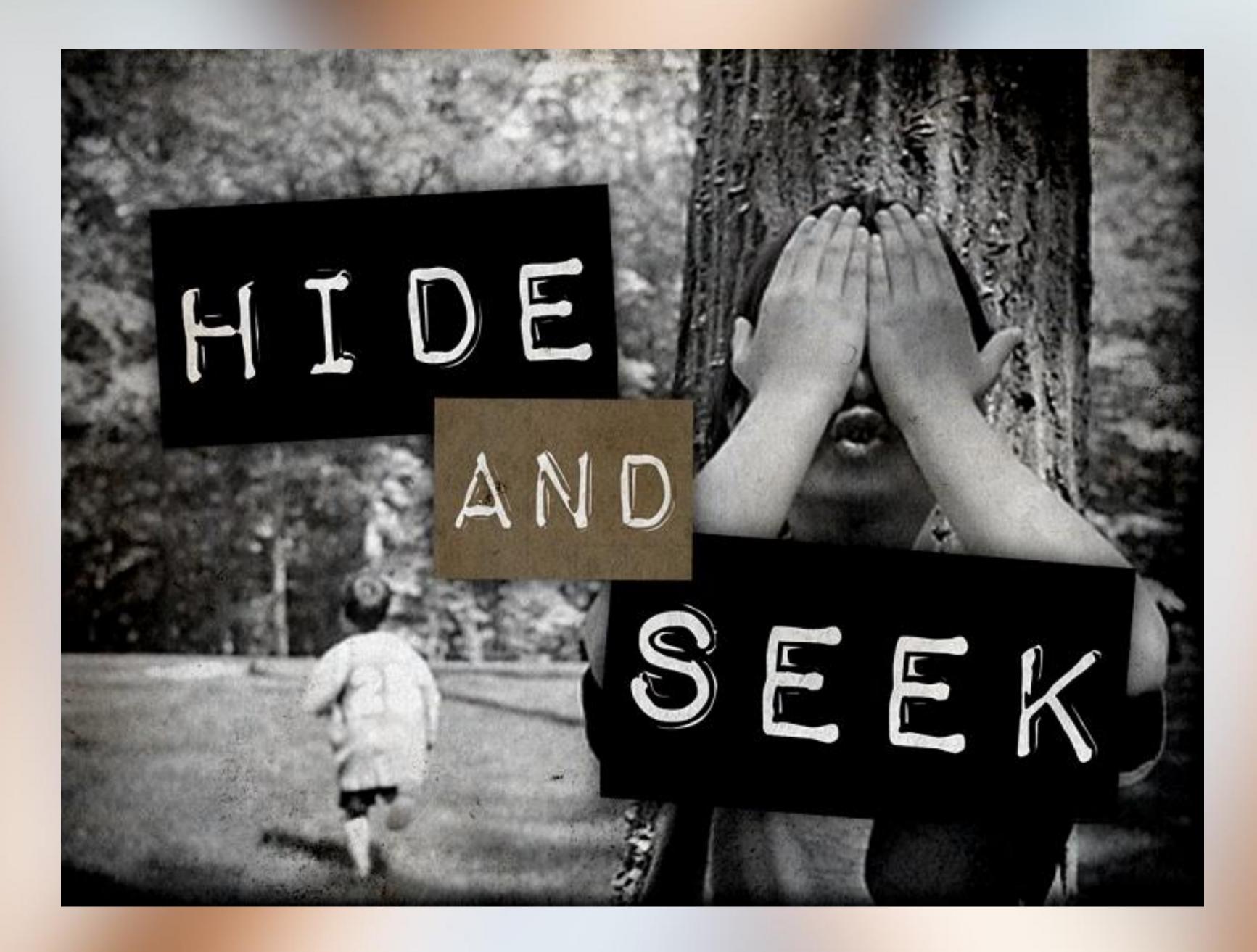
and the light become night around me,"

If I say, "Surely the darkness will hide me even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.



and the light become night around me,"

l am found





For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.



My frame was not hidden from you when I was made in the secret place. earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

When I was woven together in the depths of the

l am planned





How vast is the sum of them! Were I to count them, When I awake, I am still with you.

How precious to me are your thoughts, O God!

they would outnumber the grains of sand.

How precious to me are your thoughts, O God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand. When I awake, I am still with you.

l am cherished

Deuteronomy 7:6

"For you are a people holy to the LORD your God. The LORD your God has chosen you out of all the peoples on the face of the earth to be his people, his treasured possession."



If only you would slay the wicked, O God! Away from me, you bloodthirsty men! They speak of you with evil intent; your adversaries misuse your name. Do I not hate those who hate you, O Lord, and abhor those who rise up against you? I have nothing but hatred for them; I count them my enemies.

If only you would slay the wicked, O God! Away from me, you bloodthirsty men! They speak of you with evil intent; your adversaries misuse your name. Do I not hate those who hate you, O Lord, and abhor those who rise up against you? I have nothing but hatred for them; I count them my enemies.

l am blind

Search me, O God, and know my heart; test me and know my anxious thoughts.
See if there is any offensive way in me, and lead me in the way everlasting.

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.



l am yielding

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

l am yielding

https://www.youtube.com/watch?v=JSY57Y4gb 4w

Video

If you can clip the ending –great (The brief credit at very end)

