



Thanksgiving



**Do I have to be
thankful again?**



Yes, you do!

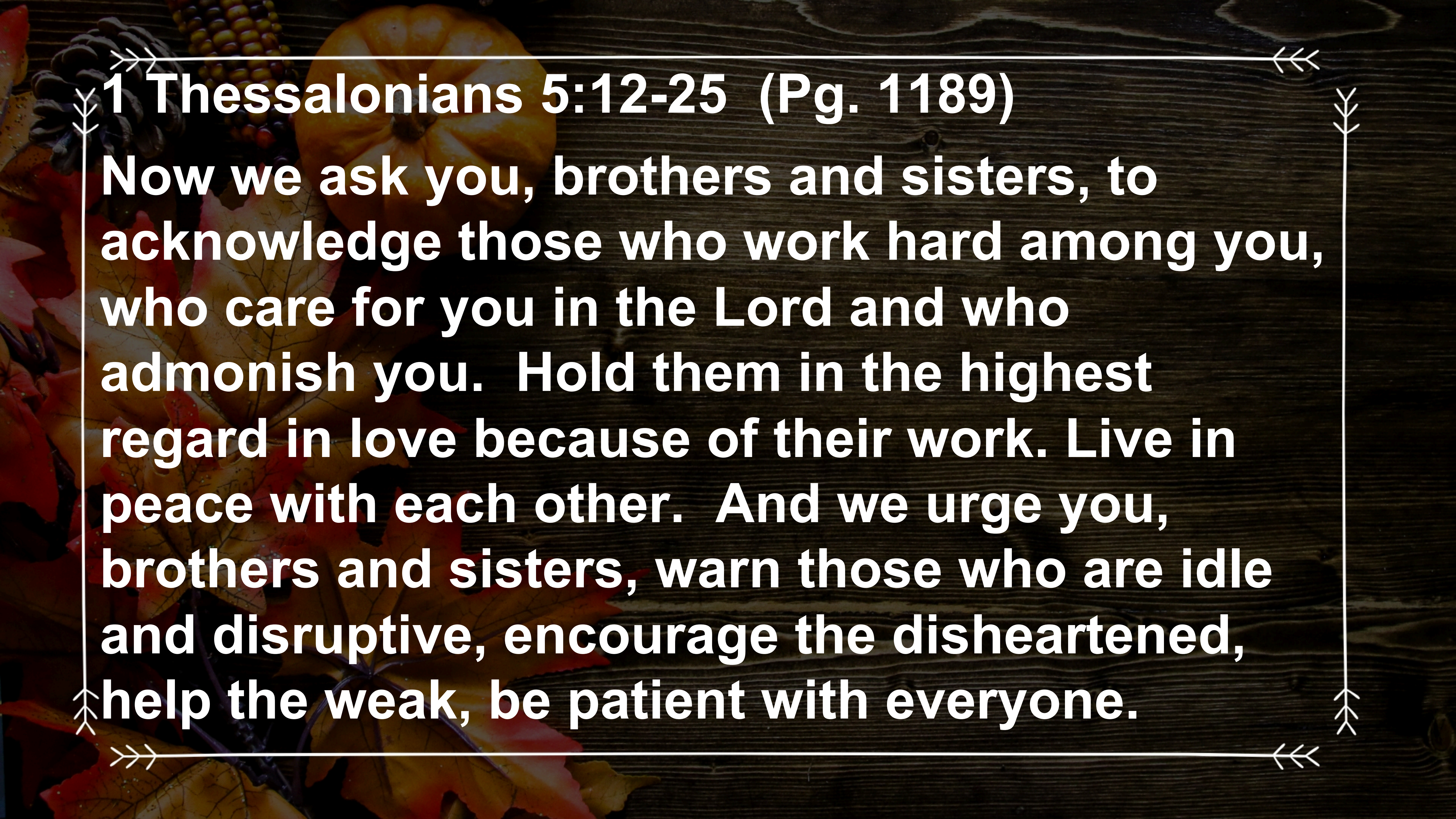


1 Thessalonians 5:16-18

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

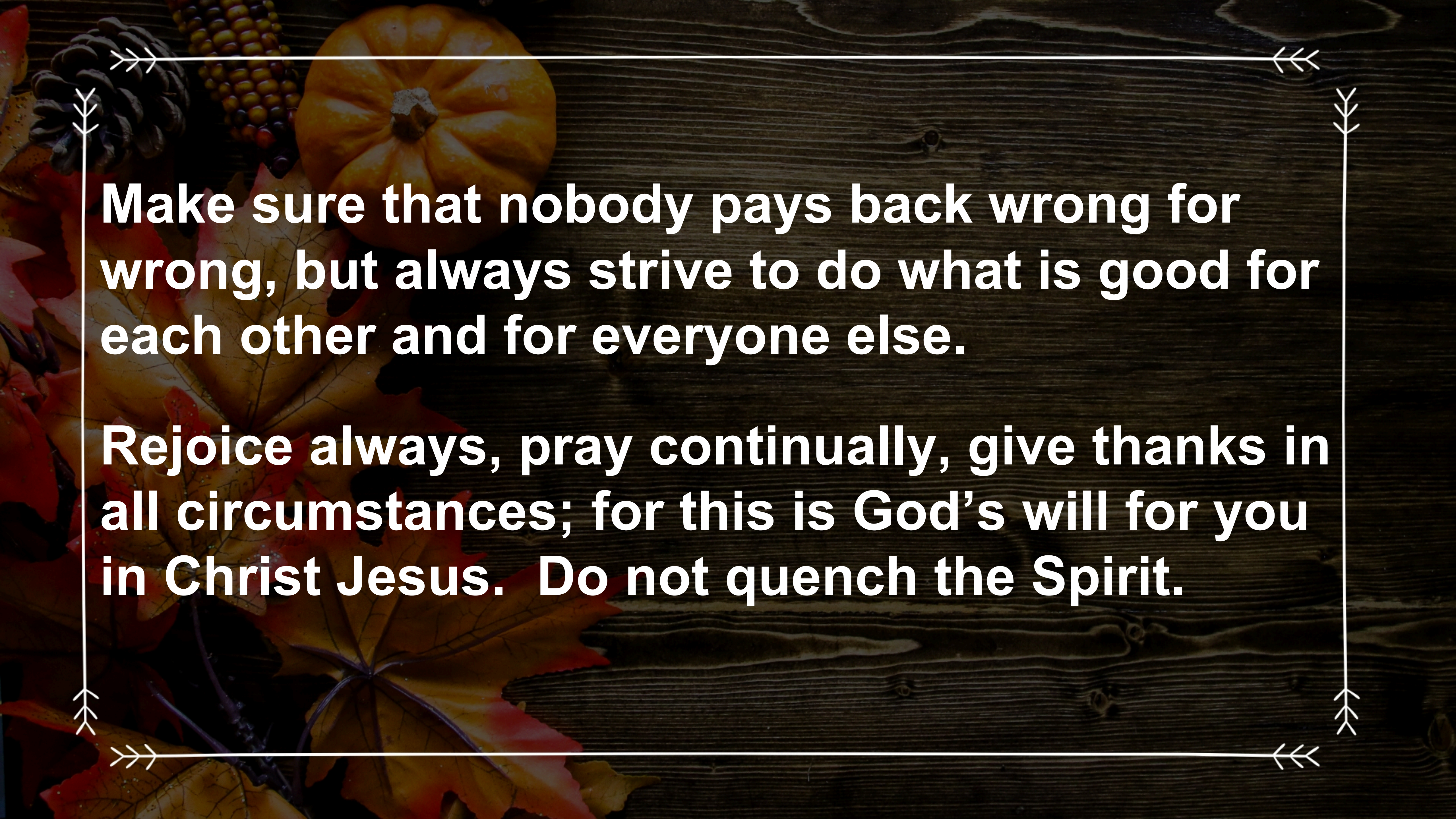


Thanksgiving



1 Thessalonians 5:12-25 (Pg. 1189)

Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you. Hold them in the highest regard in love because of their work. Live in peace with each other. And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.



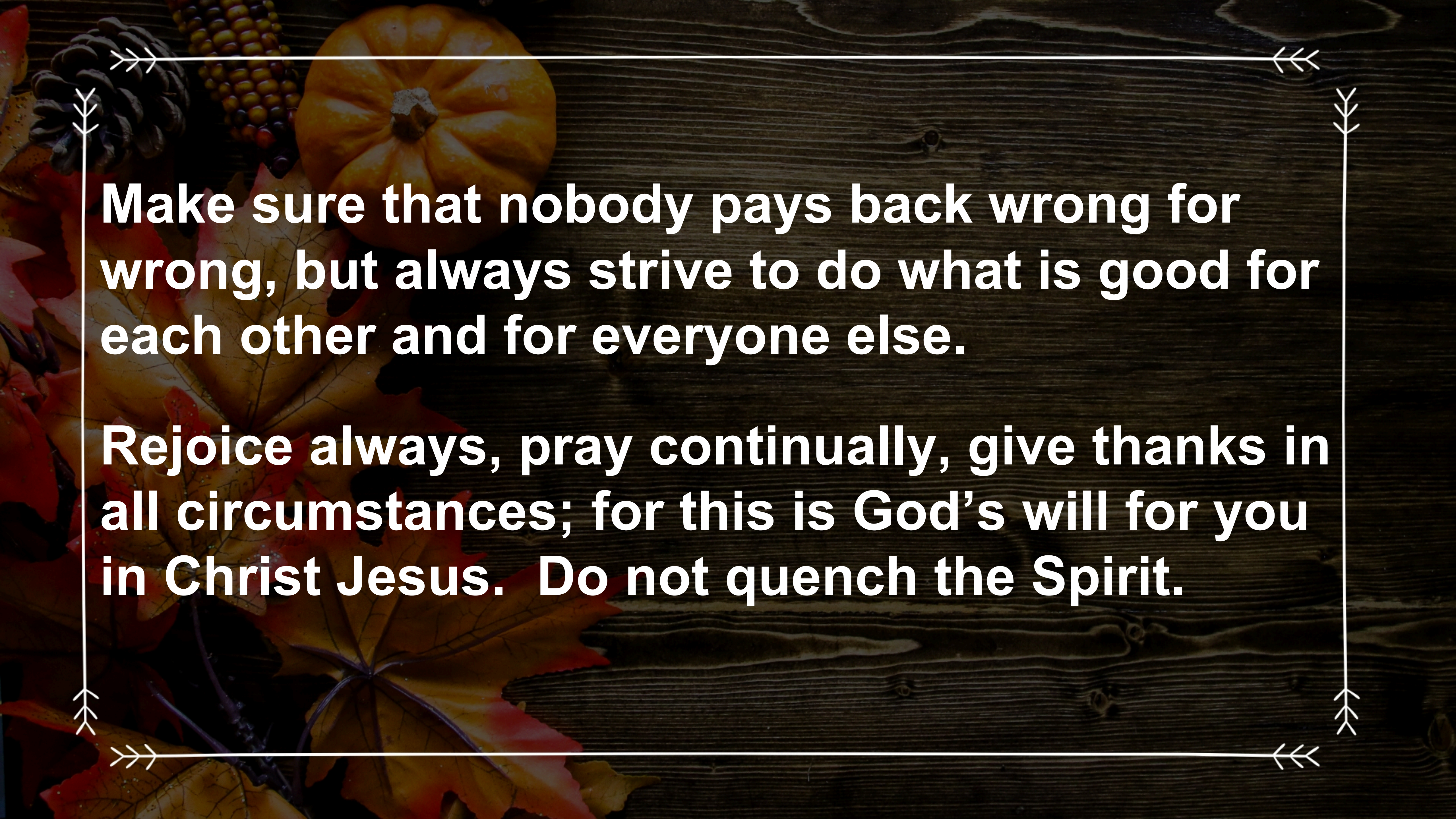
Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. Do not quench the Spirit.



Do not treat prophecies with contempt but test them all; hold on to what is good, reject every kind of evil.

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.



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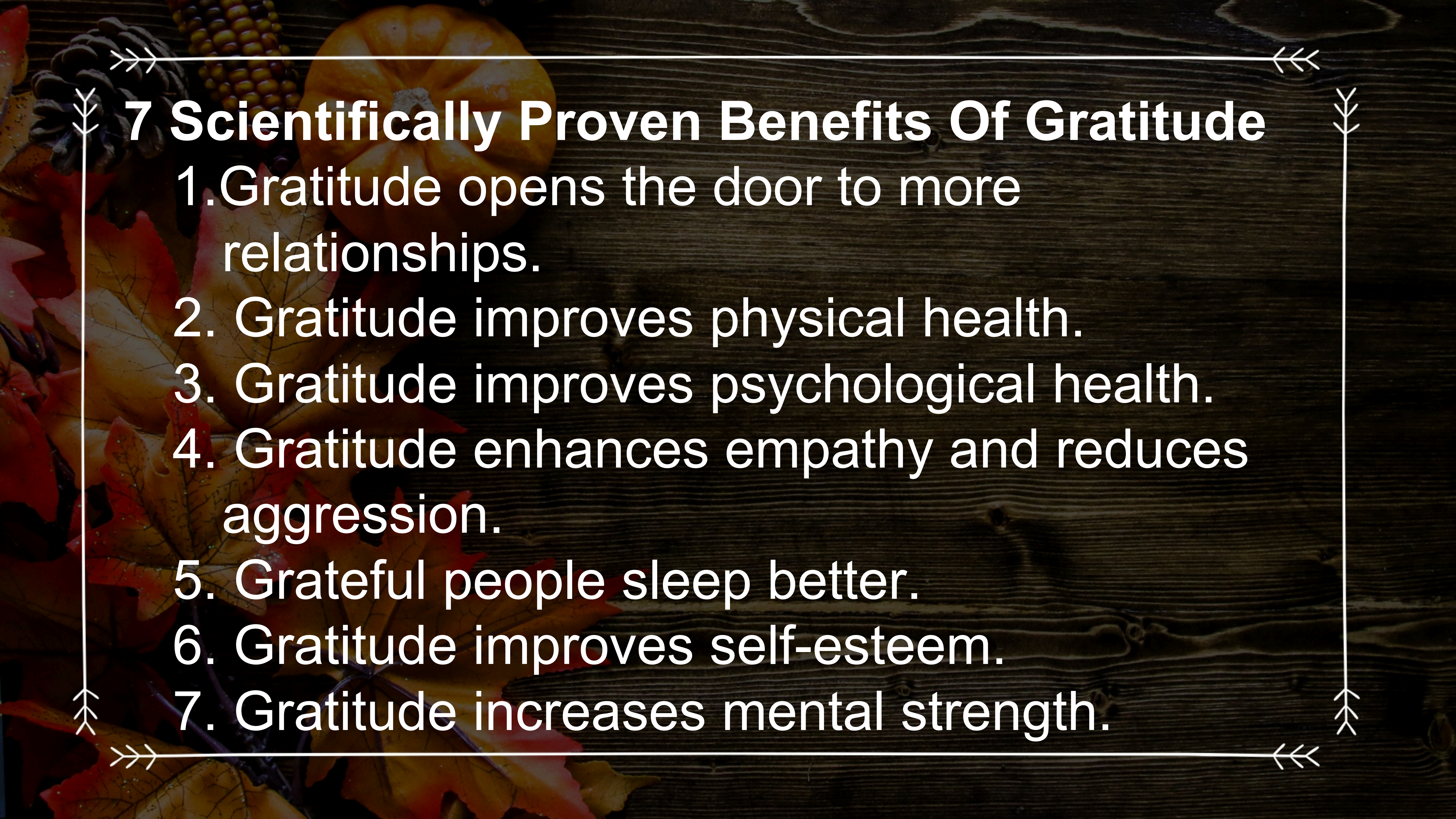
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➤ ***Giving thanks is a command***



7 Scientifically Proven Benefits Of Gratitude

1. Gratitude opens the door to more relationships.
2. Gratitude improves physical health.
3. Gratitude improves psychological health.
4. Gratitude enhances empathy and reduces aggression.
5. Grateful people sleep better.
6. Gratitude improves self-esteem.
7. Gratitude increases mental strength.

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➤ ***Giving thanks is God's will***



Romans 12:2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

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➤ ***Giving thanks flows out of continuous prayer and rejoicing***



Psalm 13 *A psalm of David.*

How long, Lord ? Will you forget me forever?

How long will you hide your face from me?

How long must I wrestle with my thoughts

and day after day have sorrow in my heart?

How long will my enemy triumph over me?

Look on me and answer, Lord my God.



Psalm 13 *A psalm of David.*

**Give light to my eyes, or I will sleep in death,
and my enemy will say, “I have overcome
him,” and my foes will rejoice when I fall.**

**But I trust in your unfailing love;
my heart rejoices in your salvation.
I will sing the Lord’s praise,
for he has been good to me.**



1 Thessalonians 5:16-18

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Thanksgiving



Michel's 100 things to be grateful for...

1. Steve
2. Melody
3. Faith
4. Aaron
5. Tabitha
6. Mom
7. Dad
8. Marc ...

Michel December 28, 1979





“Thank You Song” by Charlene Cosman

Thank you for the rainy days

Thank you for the sun

***Thank you for the times I’ve lost and the times
I’ve won***

***Thank you for the friends I have and thank you
for our fun***

***But most of all I thank you Lord for giving us
your Son***



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