

The Reason For Christmas





There is now a sixth taste – and it explains why we love carbs



Mmm... taste that delicious starch

Jonathan Knowles/Getty

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John 6:5-6

When Jesus looked up and saw a great crowd coming toward him, he said to Philip, "Where shall we buy bread for these people to eat?" He asked this only to test him, for he already had in mind what he was going to do.

John 6:26

Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill.

1. The Need to Believe

John 6:33

For the bread of God is the bread that comes down from heaven and gives life to the world.

John 6:35

“I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

John 6:35

“I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

Yale's Most Popular Class Ever: Happiness



Jennifer Chen, left, and Sean Guo are among the almost 1,200 students taking Laurie Santos's "Psychology and the Good Life," at Yale. The class was recently moved to Woolsey Hall, the university's concert venue, from Battell Chapel, which could only accommodate a crowd of 800. Monica Jorge for The New York Times

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1. The Need to Believe

2. The Need to Belong

John 6:36-41

But as I told you, you have seen me and still you do not believe. ³⁷ All those the Father gives me will come to me, and whoever comes to me I will never drive away. ³⁸ For I have come down from heaven not to do my will but to do the will of him who sent me.

John 6:36-41

And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. ⁴⁰ For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."





Woman finds missing wedding rings in stack of garbage at town dump

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[My faith is] due to Jesus Christ himself, who pursued me relentlessly even when I was running away from him in order to go my own way. And if it were not for the gracious pursuit of the hound of heaven I would today be on the scrap-heap of wasted and discarded lives.

John Stott

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- 1. The Need to Believe**
- 2. The Need to Belong**
- 3. The Need to Become**

John 17:3

“Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.”

John 6:53-54

Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day.

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"... eternal life isn't just about the future. We can have it now. It's not just about there. We can have it here. Most important, it's not something we simply receive through a transaction that arranges for our future destination. It's something we experience now through becoming Jesus' disciples, which death is then unable to stop."

John Ortberg

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